

## **Fast + Fresh Dance Rules and Regulations**

- Works must be between 4 and 5 minutes in length.
- The piece must be an original work choreographed and performed by a persons between the ages 16 and 21 years old.
- All styles of dance will be considered, so long as the choreography is innovative, well constructed and conveys a clear theme.
- Works may contain some movable props, such as chairs, scarfs, ribbon, etc. However, the performer/s are responsible for taking the props on and off stage during a performance. Transport and storage of any props can unfortunately not be provided by the venue.
- A CD of appropriately cut music must be provided and given to the sound technician at least 30min prior to the beginning of each performance and collected at the end of each performance.
- WSDA and Fast+Fresh will provide a stage manager, and a lighting and sound operator.
- There will be a technical run during the week of the festival. Times to be advised.
- Evening performances will be performed in front of a live audience and a panel of judges. Results any prizes for each Heat and the Final will be allowed directly after the performance.
- WSDA, Short + Sweet and the Riverside Theatres take no responsibility of any items that may be lost or stolen.
- All participants must be available for a showing of their work to festival organisers on during the week starting 22 September. A DVD of the piece may also be submitted if performers are unavailable during this week. (Any participants not able to attend the showing for legitimate reasons may still be considered entry into the festival. Such decisions are made at the discretion of the festival organisers)

## **Performance Tips**

- The judges are looking for innovative new choreographed dance works.
- It is suggested that pieces include a storyline and/ or a strong recurring theme or motif throughout the work.
- Prizes will be given in the following categories:
  - Best Male Dancer
  - Best Female Dance
  - Best Choreography
  - Peoples Choice Award

It is suggested that choreographers take into account these focus areas when constructing their pieces.

- The work performed at the showing day may be a work-in-progress, although the main theme or storyline of the piece must not be dramatically altered after this day before the performance.
- There is no restriction to the genre or style of dance performed in the piece.